



Pequeños Chefs

Cooking Lessons in Spanish

(ages 4-8) - Fridays: 4:15 – 5:20 PM

Teacher: Gabriela Catanzaro



week 1	Sep. 21th	Let's Salsa! Learn how to prepare these popular & delicious quesadillas with real home-made salsa from scratch. <i>Delicioso!</i>
week 2	Sept. 28th	These Spanish cookies are so good that Spain, Argentina and Peru all claim ownership of the recipe: Alfajores! <i>¿Quieres probar uno?</i>
week 3	Oct. 5th	Guess which was one of the first foods native americans shared with the Conquistadores in 1517? Tamales! Learn how to make this ancient Latinamerican corn-based traditional food to celebrate Columbus Day. <i>Me gusta comer tamales!</i>
week 4	Oct. 12th	Make your custom designed pizza... and learn how to add some nutritious-delicious value! <i>Una pizza especial, por favor!</i>
week 5	Oct. 19th	Today is muffin day...which one is your favorite? Orange, cranberry, blueberry or banana? <i>Me gustan todos!</i>
week 6	Oct. 26th	Ghosts, witches and monsters, oh my! Don't worry, Halloween will find us prepared with our carved pumpkins and pumpkin mini-pies. <i>Esto es muy divertido!</i>
week 7	Nov. 2nd	Wake up your taste buds with a recipe for the most important meal of the day, let's have a late "breakfast" with scrambled eggs and blueberry pancakes! <i>Me encanta este desayuno!</i>
week 8	Nov. 9th	Surprise your family doing your own version of look-alike fresh sushi veggie rolls! <i>Rico y saludable!</i>
week 9	Nov. 16th	Smell the spices of the season while we make our cinnamon-nutmeg-vanilla cookie balls. <i>¡Qué rico huele!</i>
Thanksgiving Break		
week 10	Nov. 30th	Learn how to prepare the famous Waldorf Salad ... good all seasons and occasions! You will treasure this recipe for years to come! <i>La ensalada perfecta!</i>
week 11	Dec. 7th	Who said pizza is not a cool dessert?... Most yummy fresh fruit pizza every bite! <i>Con muchas frutas en cada mordisco!</i>
week 12	Dec. 14th	Let's celebrate the Holidays making home-made cookies for your family. Especially decorated by you! - <i>¡Feliz Navidad!</i>

Pequeños Chefs is a unique culinary experience which offers cooking classes to children in a safe environment that encourages discovery and creativity. Each visit is a new experience with a fresh theme and an exciting new recipe. Students sharpen their Spanish skills by expanding their vocabulary and motivating their conversation skills in a fun and relaxed atmosphere.